

Social Skills Group for Teens at Copewithschool!

DOES YOUR TEEN HAVE DIFFICULTY MAKING OR KEEPING FRIENDS?

DOES S/HE SUFFER FROM LOW SELF-ESTEEM?

IS S/HE SHY OR ANXIOUS IN SOCIAL SITUATIONS?

IS S/HE A TARGET OF BULLIES?

DOES S/HE HAVE DIFFICULTY MANAGING ANGER
OR EXPRESSING HER/HIMSELF?

The *Copewithschool* Teen Social Skills Group can:

- ✓ Provide a safe and fun environment for your teen to develop socially
- ✓ Increase confidence and self-worth
- ✓ Relieve stress
- ✓ Improve communication skills

Group is led by licensed clinical social worker Ari Fox, LCSW-R

Call Ari at **646-320-1051** or email info@copewithschool.com
for more info or to schedule a consultation

